

Overview and Scrutiny Review Scoping Report

Review Title: *Healthier Communities – Reducing Obesity*

Chair of the review group: Cllr. V McCrossen

Working Group members: Cllrs. Truscott, Doyle, Hewson, Bisset and Walker.

Portfolio Holder: Cllr. Henry Wheeler

Corporate Director: David Wakelin

Lead Officer: Helen Lee

Reason for the review

The Gedling Health Profile 2015 provides a picture of people's health in Gedling and highlights a number of areas where this is below the England average. Although there are some areas where Gedling is above the England average two particular areas were highlighted for concern excess weight in adults and pregnant women continuing to smoke.

This review will focus on excess weight in adults. Obesity decreases life expectancy by up to nine years and is an important causal factor in many health conditions. There are many routes to which obesity is detrimental to wellbeing. 23.7% of adults in the Borough are obese, higher than the England average (2012)

Specific focus of the review

The review will examine the growing problem of obesity and consider how the authority can contribute to supporting and encouraging people to lead healthier lifestyles and make healthier choices thereby reducing health inequalities across the borough. In addition it will examine how we can influence and support partners who have responsibility for commissioning and providing services which address this issue.

This will include looking at:

- Why obesity is a growing problem, the consequences of obesity for individuals and services
- How prevalent this is in Gedling Borough Council what services exist to tackle this issue
- What else can be done to decrease incidence of obesity and by whom, what works, what doesn't
- What would make a difference
- What can we as an authority can do to strengthen partnership working,

improve coordination of services

- What, principally through leisure and planning, can we do to influence and support partnership working
- How can we support changes in behaviour to promote healthy lifestyles

What we hope to achieve?

Improve the morbidity and mortality of the residents of Gedling. Promotion of healthier life styles resulting in a decrease in obesity with low or no cost options particularly among young people and families.

Information required from whom.

Obesity

Public Health – commissioners

Everyone health - providers

CCG

Leisure

Planning

Gedling Sports Partnership

How we will get the information.

Briefings from relevant organisations

Public Involvement.

Equalities issues.

There should be no adverse effect on the groups which fall within the protected categories as defined in the Equalities Act 2010.

Timescales for the review

Action		Date
Approval from O & S	The formal process prior to commencing the review	20 th July 2015
Meeting and evidence gathering meetings	Briefing Anne Pridgeon, Senior Public Health Manager, and Barbara Brady, Consultant in Public Health, Nottinghamshire County Council.	28 September 2015
	David Wakelin, Corporate Director	
	Discussion, Cllr. McCrossen and Hazel Buchanan CCG.	4 November 2015
	Briefing Paul Oliver Clinical Lead, CCG	8 December 2015
	Leisure and Community	18 January 2016
	Gedling Sports Partnership Cllr Henry Wheeler – Health and Wellbeing Board	18 February 2016
Drafting the recommendations and report		14 April 2016
Report to Overview Committee		27 June 2016
Report to Cabinet		4 August 2016
Response to Overview (within 28 days)		
Six month update		