



Gedling Health and Wellbeing – Physical Activity Fund
Application Form

The Gedling Health and Wellbeing – Physical Activity Fund has been provided by Gedling Borough Council, using Shared Prosperity Funding from the UK Government, to support local initiatives that help to improve the health and wellbeing of residents across the Borough, through physical activity.

This grant fund is aimed at community and voluntary groups and charitable organisations either **directly based in, or primarily serving residents in Gedling Borough**. The fund is available to support organisations to introduce, sustain or expand projects that improve health and wellbeing within the Borough, with a focus on, getting our community moving through physical activity.

Priority will be given to those projects that support underrepresented groups that could include, Dementia / frail / living alone; domestic abuse victims; residents from minority ethnic groups; residents experiencing financial difficulties; young people; residents experiencing loneliness and isolation; residents with less complex mental health needs; residents experiencing homelessness; resettled communities/refugees; LGBTQ+, residents living with a disability or physical impairment. Support for individuals not listed above that are recognised as having protected characteristics in the Equalities Act 2011 will also be considered. Priority will also be given to those geographical areas where higher levels of deprivation and health inequalities are more prevalent.

Eligible Gedling groups and organisations can apply for grants from £1000 - £10,000. Applications are limited to one project per organisation.

- Projects must include a physical activity element such as cycling, walking, fitness, active travel or sporting activities.
- Projects must demonstrate how they will improve health and wellbeing.
- Projects should be evidenced based – you should be able to tell us how you identified the need.
- Projects should include plans for the on-going sustainability, beyond the initial grant.
- Projects should highlight their accessibility and how they will target underrepresented groups listed above.

The fund is time limited; awards are considered on their individual merits and grants are awarded without guarantee of further funding. Successful applicant organisations will be required to comply with UKSPF promotional requirements, and to enter into a grant agreement with the Council, which includes the provision of interim monitoring returns for the period of the award. The information provided on this form will become part of the grant agreement.

Grant agreements with successful applicants will include an agreed set of outcomes and output targets, which will contribute to the Council's UKSPF project plan and form part of the regular performance monitoring.



Grants must be spent within 5 months of being awarded. The Council reserves the right to clawback any funds not spent by that date.

Gedling Borough Council intends that the successful award of grant funding will be provided as a 'Minimum Financial Assistance' (MFA) subsidy under the Subsidy Control Act 2022. If you are selected for a grant award this will be subject to you being able to confirm that the proposed subsidy will not cause you to exceed your MFA threshold of £315,000 accumulated over this and the previous two financial years, as specified in section 36(1) of the Subsidy Control Act 2022. You will be asked to sign an MFA notification document to this effect and accept the Council's terms and conditions of the grant before you receive any funding.

1. Details of Organisation

Name of organisation	Address of organisation	Main contact person
		Name:
		Tel:
		Email:
Charity Registration Number and/or Company Number (if registered):		

2. Please describe the current aims of your organisation and services provided.



3. Project outline

Title of project:	
Proposed start date:	Proposed project finish:
What are the main aims of your project? (max 200 words)	
What is the need for this project within the local community? Please tell us how you have identified the need along with any evidence of local consultation. (max 200 words)	
What activities will your project include. Please include a simple plan with key dates and milestones.	
Who will benefit from your project? Please tell us about the geographical area your project will cover.	



Which of the eligible target groups listed in the Overview Section of this form do you aim to support with the above proposals, and how will you ensure their access to the services described?

Are you working in partnership with any other groups or organisations in delivering this project? If so, please provide details:

4. Outputs and outcomes

Please select any UKSPF Outputs & Outcomes your project will deliver and fill in numbers (see Appendix 1 for Output definitions and units, Appendix 2 for Outcome definitions and units). Your project must deliver **at least one** UKSPF Output or Outcome.

Outputs	No.	Outcomes	No.
Number of local events or activities supported		Improved engagement numbers	
Number of tournaments supported		Number of volunteering opportunities created as a result of support	
Number of people reached		Increased users of facilities/amenities	
Number of volunteering opportunities supported			

5. Evaluation

Please tell us how you will demonstrate the success, benefits and challenges of the proposed project? (e.g. case studies, impact on residents, new skills developed, and new connections made) **(max 100 words)**



How will you ensure that the project has long term sustainability once the Gedling health and Wellbeing grant has been spent? **(max 100 words)**

6. Has your group or project received a grant from Gedling Borough Council before? If so, please give details below:

Amount received:

When was the grant made? (Month and year if known):

7. Please provide a breakdown of the costs that you are asking for contributions towards. A separate sheet can be attached if necessary:

Item of expenditure	Cost
Total	

8. Have you applied to any other bodies for funding towards these costs? If so, please give details below:

Name of funder	Amount applied for	Funding Secured? (Please tick)	
		Yes	No



Appendix 1 - Output Indicator information

Output Indicator for Reporting	Unit of Measurement	Definition
Number of local events or activities supported	Number of events/activities	Number of local events or activities supported. An event refers to planned activities. These should fall into the below categories: <ul style="list-style-type: none"> - Those related to: (1) Film, TV, Music, Radio (2) Heritage (3) Arts, Museums and Libraries. - Other activities and events include, for example but not limited to, sports, volunteering, tourism and social action.
Number of tournaments supported	Number of tournaments	Number of tournaments, leagues and teams supported. <ul style="list-style-type: none"> - A tournament is a series of contests between a number of competitors, competing for an overall prize. - A sports league is a group of sports teams or individual athletes that compete against each other and gain points in a specific sport. - A sports team is a group of individuals who play sports on the same team. - Support means provision to aid the regeneration, creation or maintenance of sport facilities.
Number of people reached	Number of people	Number of people directly impacted by the UKSPF intervention. The definition of direct impact will vary across interventions e.g.: <ul style="list-style-type: none"> - Energy efficiency improvements - those living or working within the treated premise. - Engagement schemes - those directly engaging (e.g. reading, viewing, attending). - Direct impact should only be recorded where it can be done so robustly.
Number of volunteering opportunities supported	Number of opportunities	Number of organised volunteering roles supported as a direct result of the intervention. This includes opportunities for people to volunteer on a regular basis, and opportunities for one-off volunteering. <ul style="list-style-type: none"> - Formal volunteering refers to those who have given unpaid help via a group, club, or organisation: for example, leading a group, administrative support or befriending or mentoring people.



Appendix 2 – Outcome indicator information

Outcome Indicator for Reporting	Unit of Measurement	Definition
Improved engagement numbers	Number of people	The increase in number of individuals engaged in the local area / activity during the last 12 months. Engagement can include physical and digital engagements. What is classed as the 'local area' where events are recorded should remain consistent throughout the collection e.g. should not include/ exclude events in neighbouring locations which were excluded/included in previous returns.
Number of volunteering opportunities created as a result of support	Number of volunteering roles created	The number of organised volunteering roles created as a direct result of the intervention. This includes opportunities for people to volunteer on a regular basis, and opportunities for one-off volunteering. - Formal volunteering refers to those who have given unpaid help via a group, club, or organisation: for example, leading a group, administrative support or befriending or mentoring people.
Increased users of facilities/amenities	Number of users	The increase in number of users of facilities/amenities. Users are the people using facilities/amenities. Amenity/facility means any service contained within a physical structure, including, but not limited to, magistrates courts, police stations, town halls, cultural institutions, hospitals and public toilets.