

Registration number: 13406044

Phenomenal Futures Community Interest Company

(A company limited by guarantee)

Annual Report and Unaudited Financial Statements

for the Year Ended 31 May 2024

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Phenomenal Futures Community Interest Company

Company Information

Directors	Hilary Brown Lydia Brown Eva Codrington Rachel Samms
Registered office	The Lodge Arnot Hill Park Daybrook Nottingham NG5 6LU
Accountants	Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Phenomenal Futures Community Interest Company

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Phenomenal Futures Community Interest Company

Directors' Report for the Year Ended 31 May 2024

The directors present their report and the financial statements for the year ended 31 May 2024.

Directors of the company

The directors who held office during the year were as follows:

Hilary Brown

Lydia Brown

Eva Codrington (appointed 31 January 2024)

Tommaso Diriso (resigned 31 January 2024)

The following director was appointed after the year end:

Rachel Samms (appointed 2 July 2024)

Principal activity

The principal activity of the company is to carry on activities which benefit the community and in particular (without limitation) to provide therapeutic services, activities and support for individuals who are affected with issues of mental health, including offering specialist support to those who have experienced trauma, in order to improve their lives.

Our services will include counselling and therapeutic group work delivered by registered therapists as well as training designed to enhance the knowledge and understanding of mental health and trauma.

Achievements during the period

During the year we have made strong progress in the initiation and development of our services. We have been grateful to Gedling Borough Council for a grant of 10k which has enabled us to provide a number of specialist trauma informed one to one therapy sessions for individuals who reside in the borough and have been affected by significant traumatic events which have had a profound negative impact on their physical and emotional health and well-being. We have been able to deliver these sessions free of charge to our beneficiaries. We also received a grant of 10k from the Samworth Foundation which has enabled us to provide further additional hours of specialist trauma informed therapy for adults and children. We have launched our training services provided training and workshop events to increase knowledge and understanding of trauma for allied professionals and community groups in particular to enhance understanding of the impact of both direct trauma for those affected and also the profound impact of vicarious trauma for those who work with clients and communities who have been affected. Feedback on this training has been strong and our training activities continue to develop. A key part of our work is to engage with our community of need to inform the development of our training services. During the year our Domestic Abuse survivor empowerment group has been formed and continues to develop. A key part of the group work has been for members to take part in consultation and focus groups to inform the content and delivery of our training for professionals and organisations to increase knowledge of the impact of the trauma of domestic abuse on the people they are serving and to have the voice of those survivors at the heart of the development of course content and resources created.

Our "Now who do you Say you Are?" therapeutic group work to address the impact of coercive and controlling abuse on individuals is an effective and successful course which forms a core part of the initial recovery and restoration process for survivors of domestic abuse course participants have reported positive improvements in both their physical and mental well-being as a result of taking part in the course. Our Survivor empowerment group work has been created in direct response to requests from participants of the therapeutic group work to continue with long-term support and opportunities to take part in further activities, events and opportunities for connection with peers who share an understanding from lived experience of the issues faced in recovery from long term trauma. This work has started strongly with a core participant group of 16 survivors who now meet regularly. The group work is lead by experienced and qualified specialist trauma informed therapists to ensure psychological safety of participants is paramount in the facilitation of this work. Alongside all of this we have been grateful to the Rotary Club of Carlton who donated 2k in vouchers for us to distribute to our beneficiaries and their families at Christmas 2023 and to Tara's Angels who provided gifts for Christmas and Mother's Day.

Phenomenal Futures Community Interest Company

Directors' Report for the Year Ended 31 May 2024

We were also delighted to host our first White Ribbon Campaign event in October 2023, a screening of the Tina Turner biopic "What's Love got to do with it?" with a talk about trauma and the impact of the experience of Domestic Abuse.

Through delivery of all of these activities a benefit was received by 431 individuals and further benefit was experienced by individuals and families of those beneficiaries who experienced enhanced health and well-being as a result of the therapeutic support and activities we provided. For those individuals who have engaged in training they have now gained a greater understanding of trauma and the devastating impact on mental health and well being of this experience. This new learning in turn informs their own practice and capacity to deliver a more trauma informed approach.

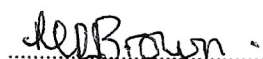
Phenomenal Futures wish to acknowledge that none of this work would have been possible without the ongoing support of Gedling Borough Council in the provision of excellent premises from which our service can operate at an affordable rent and the provision of Grant funding for one to one counselling. We also thank the Samworth Foundation for their generous donation which has ensured that we are able to facilitate much needed specialist therapy for additional beneficiaries. Nottingham Soroptimist Trust who funded our first initial Now who do you say you are course.

We are committed to the development of our services and training provision to ensure that trauma informed practice is at the heart of our provision. We believe that healing, recovery and restoration are all possible following trauma and that everyone is entitled to their own phenomenal future.

Small companies provision statement

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the Board on 24 September 2024 and signed on its behalf by:



Hilary Brown
Director

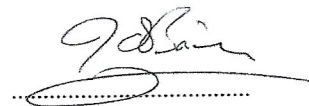
**Chartered Accountants' Report to the Board of Directors on the Preparation of the
Unaudited Statutory Accounts of
Phenomenal Futures Community Interest Company
for the Year Ended 31 May 2024**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Phenomenal Futures Community Interest Company for the year ended 31 May 2024 as set out on pages 5 to 9 from the company's accounting records and from information and explanations you have given us.

This report is made solely to the Board of Directors of Phenomenal Futures Community Interest Company, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Phenomenal Futures Community Interest Company and state those matters that we have agreed to state to the Board of Directors of Phenomenal Futures Community Interest Company, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Phenomenal Futures Community Interest Company and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Phenomenal Futures Community Interest Company has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and results of Phenomenal Futures Community Interest Company. You consider that Phenomenal Futures Community Interest Company is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Phenomenal Futures Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



John O'Brien, MSc, FAIA, FCCA, FCIE
Employee of
Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL
Date: 24/09/2024

Phenomenal Futures Community Interest Company

Profit and Loss Account for the Year Ended 31 May 2024

	Note	2024 £	2023 £
Turnover		9,031	-
Cost of sales		<u>(10,225)</u>	<u>-</u>
Gross deficit		(1,194)	-
Administrative expenses		(13,489)	-
Other operating income		<u>14,683</u>	<u>-</u>
Operating surplus/(deficit)		<u>-</u>	<u>-</u>
Surplus/(deficit) before tax		<u>-</u>	<u>-</u>
Surplus/(deficit) for the financial year		<u><u>-</u></u>	<u><u>-</u></u>

The above results were derived from continuing operations.

The company has no recognised gains or losses for the year other than the results above.

Phenomenal Futures Community Interest Company

Statement of Comprehensive Income for the Year Ended 31 May 2024

	2024 £	2023 £
Surplus/(deficit) for the year	<u>-</u>	<u>-</u>
Total comprehensive income for the year	<u><u>-</u></u>	<u><u>-</u></u>

The notes on pages 8 to 9 form an integral part of these financial statements.

Phenomenal Futures Community Interest Company

(Registration number: 13406044)

Balance Sheet as at 31 May 2024

	Note	2024 £	2023 £
Current assets			
Debtors	4	1,521	-
Cash at bank and in hand		50,131	-
		<u>51,652</u>	<u>-</u>
Creditors: Amounts falling due within one year	5	<u>(51,652)</u>	<u>-</u>
Net assets/(liabilities)		<u>-</u>	<u>-</u>
Capital and reserves			
Total equity		<u>-</u>	<u>-</u>

For the financial year ending 31 May 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the Board on 24 September 2024 and signed on its behalf by:



Hilary Brown
Director

Phenomenal Futures Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 31 May 2024

1 General information

The company is a company limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.

These financial statements were authorised for issue by the Board on 24 September 2024.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Going concern

The financial statements have been prepared on a going concern basis.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts and after eliminating sales within the company.

The company recognises revenue when:

The amount of revenue can be reliably measured;
it is probable that future economic benefits will flow to the entity;
and specific criteria have been met for each of the company's activities.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Phenomenal Futures Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 31 May 2024

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

3 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 2 (2023 - 0).

4 Debtors

	2024	2023
	£	£
Current		
Prepayments	1,521	-
	1,521	-
	1,521	-

5 Creditors

Creditors: amounts falling due within one year

	2024	2023
	£	£
Due within one year		
Accruals and deferred income	50,670	-
Other creditors	982	-
	51,652	-
	51,652	-

6 Deferred income analysis

	Opening balance	Incoming resources	Resources expended	Closing balance
	£	£	£	£
Gedling Borough Council	-	23,200	(12,975)	10,225
Samworth Foundation	-	10,000	-	10,000
We R Here	-	29,103	-	29,103
Nottingham Soroptomist Trust	-	1,200	(1,200)	-
Sundry grants and donations	-	1,850	(508)	1,342
	-	65,353	(14,683)	50,670
	-	65,353	(14,683)	50,670

Phenomenal Futures Community Interest Company

Detailed Profit and Loss Account for the Year Ended 31 May 2024

	2024 £	2023 £
Turnover		
Sales & fees	<u>9,031</u>	<u>-</u>
Cost of sales		
Wages, NI & pension	(10,225)	-
General administrative expenses		
Activities & Events	(1,407)	-
Counselling & therapeutic expenses	(1,900)	-
Equipment, repairs & renewals	(812)	-
Hospitality/Refreshments	(211)	-
Insurance	(354)	-
IT & website	(167)	-
Legal & professional	(1,780)	-
Resources	(108)	-
Service users	(355)	-
Printing, stationery & office costs	(179)	-
Membership & subscriptions	(297)	-
Rent & room hire	(3,408)	-
Staff expenses	(378)	-
Staff training	(660)	-
Sundry payments	(102)	-
Telephone, internet & postage	(248)	-
Utilities	(1,114)	-
Volunteer expenses	<u>(9)</u>	<u>-</u>
	<u>(13,489)</u>	<u>-</u>
Other operating income		
Grants & donations	<u>14,683</u>	<u>-</u>

This page does not form part of the statutory financial statements.