

## **Minutes of the Gedling Youth Council Meeting**

**Monday 21<sup>st</sup> of November 2022 in the Chappell Room, Civic centre  
5.30 – 7.30pm**

### **1. Welcome, Apologies received**

**Apologies received:** Riley Kirton, Keiran Frankland, Sophie Fuller.

**In attendance:** Muhammad Malik, Halle Sibanda, Fatimah Malik, Aimee Kimpton, Caitlin O'Connor, Sam Boultyby, Sam Boultyby guest (name tbc) Freddie Vokes, Cllr Viv McCrossen, Cllr Kathryn Fox, Jane Ansell. Amy Beckworth.

**Guests:** Sarah Bonney (CAMHS), Sarah Kinsey (CAMHS) Lucy Rychwalska - Brown (ABL BeU Notts), Cllr Leanne Buckingham (Deputy Mayor, Corby TC), Felicity Ryan, Corby TC Clerk.

### **2. Review of Minutes from last meeting**

Continue to gather information on mental health policies for future meetings. Very positive feedback on the Syrian/refugee meal, discussions on further connections with Ukrainian refugee community, Caitlin to investigate the Language schools contact details to propose a partnership.

**Action:** to have a look at the Council's equality framework and plan, possible for members to go to meetings and observe. Lord Vernon Coker suggested that Youth Council Members to attend meeting with full council, possibly to share thoughts and ideas for the equality framework.

### **3. Guests from Corby Town Council discussion**

Talking of our recruitment process (word of mouth and schools). Discussion around the budget (make proposals to Council for funding for projects). Discussion on DBS checks and safeguarding. Discussion around questionnaire created by Cllr Viv and Kathryn. General discussion around the council, budget and how it works, DBS checking.

### **4. CAHMS and ABL BeU Notts services representatives**

**Ensure that all minutes and discussions around CAHMS discussion are kept private for safety and privacy.**

**Nottalone** live event in February, involves schools across Nottingham.

A new service rolling out around schools for peer mentoring, very successful. Talk about the specialist teams. Community CAHMS service spoke about work, can now see young people at home and in hospital to help.

Lucy talks about Be U Notts, a service that offers therapy and tools for young people to help with their mental health and general wellbeing, the idea of filling a suitcase full of skills people need for wellbeing.

Open discussion with CAHMS and Be U: Talk about waiting lists and how it's a council goal to reduce them. 6 weeks waiting list for mental health team. Discussions around poor ways to access services and how it is confusing for young people. Community CAHMS have very reduced waiting list, down to 12 weeks. Pandemic has caused an increase in need and waiting time, but self-referral has decreased this. Lots of misinformation on CAHMS has led to a bad reputation. Reflection on how to access services and general issues around CAHMS. Talk about Base 51 as a mental health service.

#### **5. Review of Gedling Borough Youth Councils action plan**

Members to research into their own schools bullying policy. Sophies research to be investigated next meeting. No concerns raised.

#### **6. Youth Parliament updates**

Muhammed pushing for transport to be added onto the ballot. Cost of living crisis bought up a lot and backed by Muhammed. No further concerns raised.

#### **7. Giving For Gedling Winter assistance and support booklet**

Booklet of services in Gedling compiled. Action to be taken in distributing the leaflets to young people. Being distributed to youth centres already.

#### **8. Meeting close and actions for next meeting**

- Move the meetings forward (for clarification at next meeting)
- Organise an away day (Amy Beckworth).
- Consider presentation to Full Council – Youth Council Action Plan in response to Young People's Survey 2020/21
- YP Engagement in Equalities Framework and Action Plan (Jane Ansell).